



the
SOUNDS of
CHRISTMAS
♦ woodland hills family church ♦

Praise the Lord – Psalm 150
December 28, 2025

Read Psalm 150 out loud.

Of all of the ways God could challenge or encourage us, why do you think He chose *praise* as the final word of the Psalms?

A doxology recenters worship on God, not the worshiper. Why is this such an important reminder? Where are you most tempted to make worship about *your* preferences, mood or comfort instead of God's glory?

The word "Praise" appears 13 times in Psalm 150—matching the rhythm of human breath. What does it say about our spiritual condition that God must command praise so repeatedly?

Is praise a consistent response to God's blessings in your life? Be honest. Why is praise so pivotal in how we approach life when things are good – and when things are difficult?

Praise can take many forms. What does your private praise look like when no one is watching? How does your individual time with God affect your public faith?

Explain what it means that praise can be a weapon against the enemy. In what practical ways can praise reclaim spiritual ground in your home or family life?

How do you react to the idea that praise is a discipline? What would it look like for praise to be a *regular discipline* rather than an occasional reaction in your life?

What kind of worship legacy are you intentionally passing on to the next generation? Are there any improvements you want to make in this area?

Are there any creative ways you can praise God today? Perhaps you want to list some attributes of God or some specific ways He has blessed you this year. End your time praising God in whatever way He has placed on your heart.

DISCUSSION QUESTIONS

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